

Menu 2025 – Week 1

Day	Menu option	Lunch 11.15am	Tea 3.15pm	Tea Fruit	Evening snack 5pm
Monday	Main menu	Spaghetti Ham Carbonara	Lamb Paella	Raspberries – Younger rooms	Wholemeal Pitta and Tzatziki
	Vegetarian	Spaghetti Mushroom Carbonara	Vegetable Paella	Apples	
	Pescatarian	See vegetarian main	See vegetarian main		
Tuesday	Main menu	Mixed Vegetable Macaroni Cheese	Thai Haddock Curry With Rice	Bananas – Younger rooms	Rice Cakes and Guacamole
	Vegetarian	See main	Thai Vegetable Curry With Rice	Raspberries/Strawberries	
	Pescatarian	See main	See vegetarian main		
Wednesday	Main menu	Red Pesto Orzo with Roasted Courgette and Bell Pepper	Salmon Alfredo with Roasted Potatoes and Petit Pois	Melon sticks	Breadsticks and Salsa
	Vegetarian	See main	Vegan Alfredo with Roasted Potatoes and Petit Pois		
	Pescatarian	See main	See main		

Thursday	Main menu	Veggie English Muffin Pizza with Steamed Green Beans and Carrots	Cornflake Chicken with Roasted Potatoes and Steamed Broccoli	Pineapple sticks	Wholemeal Pitta and Hummus
	Vegetarian	See main	Cornflake Cauliflower with Roasted Potatoes and Steamed Broccoli		
	Pescatarian	See main	See vegetarian main		
Friday	Main menu	Coronation Chickpea Pasta	Beef Stew	Oranges	Cream cheese and crackers
	Vegetarian	See main	Vegetable Stew		
	Pescatarian	See main	See vegetarian main		

Drinks - Drinks are available throughout the day and include milk or water. We encourage all Toddler and Preschool children to feed themselves.

Dietary requirements/ allergies - If you have any specific requirements or special dietary requirements, please inform the Nursery Manager and we will cater for your child on an individual basis.

Breakfast - Breakfast Bar – this will be a selection of cereal, which will vary day to day. Milk is also available.

Pudding - We only offer the children yogurt and fruit. Under 2 years have natural yogurt and over twos have fromage frais. The children with have yogurt at lunch then fruit at tea or vise versa. We do not give sweet puddings.

Menu 2025 - Week 2

Day	Menu option	Lunch 11.15am	Tea 3.15pm	Tea Fruit	Evening snack 5pm
Monday	Main menu	Tomato and Lentil Pasta	Beef Enchilada Casserole with Steamed Greens	Oranges	Wholemeal Pitta bread with Tzatziki
	Vegetarian	See main	Bean and Lentil Enchilada Casserole with Steamed Greens		
	Pescatarian	See main	See vegetarian main		
Tuesday	Main menu	Vegetable Cream Stew	Spanish Pork Casserole with Med Veg Rice	Melon sticks	Rice Cakes and Guacamole
	Vegetarian	See main	Vegan Sausage Spanish Casserole with Med Veg Rice		
	Pescatarian	See main	See vegetarian main		
Wednesday	Main menu	African Bean Stew with Baked Pearl Barley	Chicken Curry with Turmeric Rice	Bananas – Younger rooms	Breadsticks and Salsa
	Vegetarian	See main	Vegetable Curry with Turmeric Rice	Raspberries/Strawberries	
	Pescatarian	See main	See Vegetarian main		

Thursday	Main menu	Tuna Fishcakes with Sweetcorn Salsa	Turkey Mince Spaghetti Bolognese	Raspberries – Younger rooms Apples	Wholemeal Pitta and Hummus
	Vegetarian	Lentil Patties with Sweetcorn Salsa	Quorn Mince Spaghetti Bolognese		
	Pescatarian	See main	See vegetarian main		
Friday	Main menu	Mediterranean Haddock with Cous Cous	Seasonal Soup with Toast/ Bread Roll/ Homemade Garlic Bread	Pineapple sticks	Cream cheese and crackers with cherry tomatoes
	Vegetarian	Mediterranean Roasted Vegetables with Cous Cous	See main		
	Pescatarian	See main	See main		

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Breakfast - Breakfast Bar – this will be a selection of cereal, which will vary day to day. Milk is also available.

Pudding - We only offer the children yogurt and fruit. Under 2 years have natural yogurt and over twos have fromage frais. The children with have yogurt at lunch then fruit at tea or vice versa. We do not give sweet puddings.